

Vera/COPC Care Centers in Columbus – List of Available Services





On-Site Care Centers

These care centers are located within JPMorgan Chase offices and for employees only.

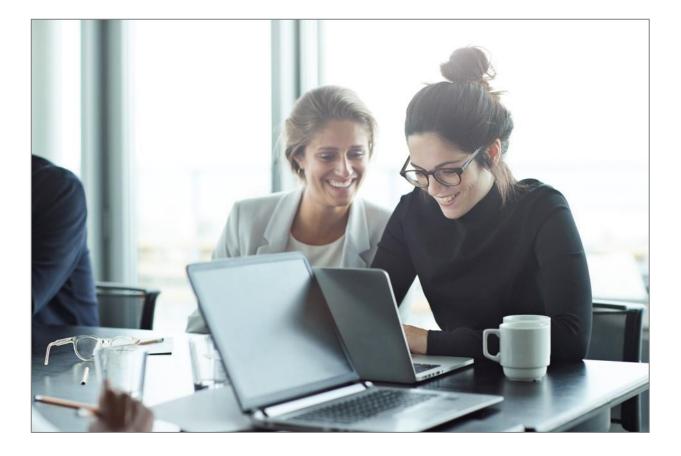
JPMC Polaris Office

1111 Polaris Parkway, 1G Columbus, OH 43240

JPMC Brooksedge Office

800 Brooksedge Blvd, 2nd Floor Westerville, OH 43081

JPMC Easton Office 3415 Vision Drive, 1st Floor Columbus, OH 43219





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On-Site Care Centers — Urgent/Sick Care Services (also known as Acute Care)

Available to all U.S. benefits-eligible employees

Short-Term Treatment

- Ear, nose & throat and respiratory concerns (e.g., sore throat, cough/cold)
- Cardiovascular/vascular concerns (e.g., palpitations, chest pains)
- Gastrointestinal concerns (e.g., stomach aches, pains, upset)
- Genitourinary concerns (e.g., urinary tract infections)
- Musculoskeletal concerns (e.g., muscle aches and pains)
- Provider-dispensed acute (non-maintenance) medications
- Neurological concerns (e.g., headaches, dizziness)
- Endocrine concerns (e.g., low blood sugar)
- Acute pains (e.g., pulled muscle, cut)
- Dermatologic concerns (e.g., rashes)

Convenience Services

- Travel Immunizations
- Immunizations (including tetanus, diphtheria, pertussis, shingles, others), flu shots
- Maintenance allergy shots
- Point of care testing (e.g., COVID-19 testing)
- Lab draws ordered by your Vera/COPC provider or non-Vera/COPC provider orders
 - Note: Lab draws performed on-site based on prescriptions from non-Vera/COPC providers will be submitted to your health plan and subject to applicable cost share based on your plan. Additionally, in limited situations, labs performed by your Vera/COPC provider may need to be sent to an in-network, outside lab (e.g., Quest) for processing which will result in cost share based on your plan.



Cost of Services

Urgent and convenience care services will continue to be free for all U.S. benefits-eligible employees (no change from previous JPMC Health & Wellness clinics).

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New! On-Site Care Centers — Advanced Primary Care Services

Available to employees enrolled in the U.S. Simplified Medical Plan

Chronic Conditions & Ongoing Primary Care

- Mental & behavioral health support when working with a Vera/COPC provider
- Cardiovascular and vascular conditions (e.g., high blood pressure, high cholesterol)
- Ear, nose & throat and respiratory conditions (e.g., asthma and COPD)
- Gastrointestinal conditions (e.g., reflux, Irritable Bowel Syndrome)
- Neurologic conditions (e.g., chronic migraines, fainting)
- Genitourinary conditions (e.g., overactive bladder)
- Musculoskeletal conditions (e.g., osteoarthritis)
- Dermatologic conditions (e.g., acne, eczema)
- Endocrine conditions (e.g., diabetes)



Preventive Care

- Comprehensive wellness exams (known as Whole Health Examinations)
- Immunizations (including COVID-19, tetanus, diphtheria, pertussis, shingles, others), flu shots
- Age and risk exposure appropriate screenings (including substance abuse)
- Family planning and contraceptive counseling
- Behavioral health screenings
- Biometric screenings



Cost of Services

New advanced primary care services will be <u>free</u> on-site for employees enrolled in the U.S. Simplified Medical Plan.

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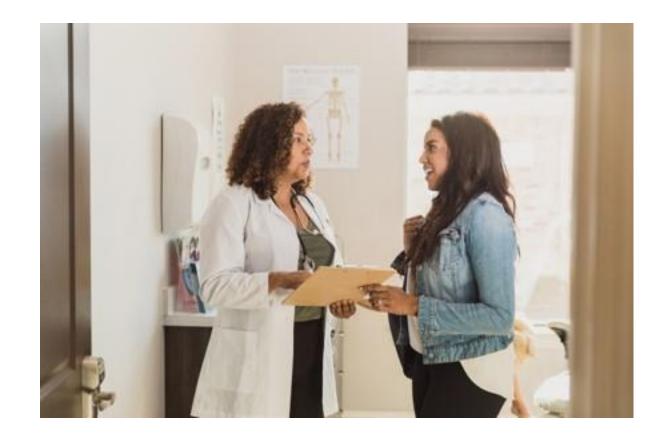
Near-Site Care Centers

These care centers are located nearby JPMorgan Chase offices and are available for employees enrolled in the U.S. Simplified Medical Plan and their covered spouse/domestic partner and dependents.

Dublin 5050 Bradenton Avenue Dublin, OH 43017

Westerville

110 Polaris Parkway, Suite 100 Westerville, OH 43082



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New! Near-Site Care Centers

Available to employees and their covered spouse/domestic partner and dependents (aged 3+) enrolled in the U.S. Simplified Medical Plan

Chronic Conditions & Ongoing Primary Care

- Mental & behavioral health support when working with a Vera/COPC provider
- Cardiovascular and vascular conditions (e.g., high blood pressure, high cholesterol)
- Ear, nose & throat and respiratory conditions (e.g., asthma and COPD)
- Gastrointestinal conditions (e.g., reflux, Irritable Bowel Syndrome)
- Neurologic conditions (e.g., chronic migraines, fainting)
- Genitourinary conditions (e.g., overactive bladder)
- Musculoskeletal conditions (e.g., osteoarthritis)
- Dermatologic conditions (e.g., acne, eczema)
- Endocrine conditions (e.g., diabetes)

Preventive Services

- Comprehensive wellness exams (known as Whole Health Examinations)
- Immunizations (including COVID-19, tetanus, diphtheria, pertussis, shingles, others), flu shots
- Age and risk exposure appropriate screenings (including substance abuse)
- Family planning and contraceptive counseling
- Behavioral health screenings
- Biometric screenings

Pediatric Care

Vera/COPC near-site care centers are only able to provide acute/urgent care services to covered children aged 3 and up. For routine pediatric care or care for children under

the age of 3, the Vera/COPC team is happy to help you identify a care provider.

Short-Term Treatment

- Ear nose & throat and respiratory concerns (e.g., sore throat, cough/cold)
- Cardiovascular/vascular concerns (e.g., palpitations, chest pains)
- Gastrointestinal concerns (e.g., stomach aches, pains, upset)
- Genitourinary concerns (e.g., urinary tract infections)
- Musculoskeletal concerns (e.g., muscle aches and pains)
- Provider-dispensed acute (non-maintenance) medications
- Neurological concerns (e.g., headaches, dizziness)
- Endocrine concerns (e.g., low blood sugar)
- Acute pains (e.g., pulled muscle, cut)
- Dermatologic concerns (e.g., rashes)

Cost of Services



Vera/COPC will offer a full spectrum of advanced primary care services for employees enrolled in the U.S. Simplified Medical Plan, as well as their covered spouse/domestic partner and dependents.

Services at Near-Site Care Centers will be subject to the provisions of the U.S. Simplified Medical Plan (e.g., a visit with a primary care provider has a \$15 copay).



Vera Health Coaching Services

Well-Being Sessions offer the opportunity to work one-on-one with a health coach to reach your goals!

Vera health coaches are embedded members of the care team and guide patients through each stage of change to take ownership of their own health. This includes identifying health and wellness goals, co-creating an action plan and working to implement behavior changes to achieve your vision.

Topics include (but are not limited to):

- Mindfulness
- Stress resilience
- Sleep hygiene
- Managing chronic conditions (e.g., diabetes, hypertension)

- Nutrition
- Physical activity
- Weight management
- Medication adherence
- Other topics as you'd like!



Well-Being Sessions with Vera are available at no cost to those enrolled in the U.S. Simplified Medical Plan (covers both in-person and/or virtual appointments).

Employees enrolled in the U.S. Simplified Medical Plan and their covered spouse/domestic partner can earn MRA rewards for completing a 30-minute Well-Being Session with Vera Whole Health. Enrolled employees may be eligible for \$25 per quarter for completing a session (you can complete as many sessions as you like but will only be rewarded for one per quarter). Covered spouses/ domestic partners can earn \$12.50 per quarter for completing a session.



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